

# FITNESS CENTER WAIVER AND RELEASE OF LIABILITY FORM

Your Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ (Street) \_\_\_\_\_ (City) \_\_\_\_\_ (Zip) \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Tel: \_\_\_\_\_ Photo ID is ATTACHED

## Acknowledgment and Assumption of Risk:

I, the undersigned, acknowledge that my use of the fitness center at the Enterprise Business Center of Louisiana ("Facility") is voluntary and involves inherent risks, including but not limited to, physical injury, illness, muscle strain, heart attack, and other health-related risks. I understand that participation in physical activity involves strenuous exercise, equipment use, and potential hazards. I assume full responsibility for any risks, injuries, or damages that may occur due to my use of the Facility.

## Health and Medical Disclaimer:

I confirm that I am in good physical health and have no medical conditions that would prevent me from safely using the Facility. I acknowledge that I am responsible for consulting with a physician before beginning any fitness program. If I experience any pain, discomfort, or medical emergency while using the Facility, I agree to stop my activity and seek medical assistance as necessary.

## Release and Waiver of Liability:

In consideration of being permitted to use the Facility, I hereby release, discharge, and hold harmless the Enterprise Business Center of Louisiana, its owners, employees, affiliates, agents, and representatives from any and all liability, claims, demands, actions, or causes of action arising from any injury, death, or property damage that may occur due to my use of the Facility, including but not limited to negligence or any other acts. In the event a legal suit is filed I agree to pay and be responsible for any and all fees associated with such legal suit on behalf of the Enterprise Business Center of Louisiana, Liteon Investments, LLC, its owners, employees, affiliates, agents, and representatives.

## Indemnification:

I agree to indemnify and hold harmless the Enterprise Business Center of Louisiana, Liteon Investments, LLC, its owners, employees, affiliates, agents, and representatives from any claims, losses, liabilities, damages, costs, or expenses (including attorneys' fees) resulting from my use of the Facility.

## Facility Rules and Regulations:

I agree to abide by all rules, policies, and safety guidelines set forth by the Enterprise Business Center of Louisiana regarding the use of the Facility. I understand that failure to comply with these rules may result in the loss of access to the Facility.

## Consent to Emergency Medical Treatment:

In the event of an emergency, I authorize the Enterprise Business Center of Louisiana and its representatives to obtain medical treatment for me if deemed necessary. I agree to be responsible for any medical costs incurred.

## Photo and Video Release:

I grant the Enterprise Business Center of Louisiana permission to use any photos or videos taken of me while using the Facility for promotional or informational purposes, unless I explicitly request otherwise in writing.

## Acknowledgment of Understanding:

I have read this Waiver and Release of Liability and fully understand its terms. I acknowledge that I am signing this document freely and voluntarily and intend my signature to be a complete and unconditional release of all liability.

Signature: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Signature of Personal Trainer and/or Sponsor Acknowledgement and Assumption of Risk:

I, the undersigned, acknowledge that my use of the fitness center at the Enterprise Business Center of Louisiana ("Facility") is voluntary and involves inherent risks, including but not limited to, physical injury, illness, muscle strain, heart attack, and other health-related risks. I understand that participation in physical activity involves strenuous exercise, equipment use, and potential hazards. I assume full responsibility for any risks, injuries, or damages that may occur due to my use of the Facility for both myself and any person under my training and/or direction. I agree to indemnify and hold harmless the Enterprise Business Center of Louisiana, Liteon Investments, LLC, its owners, employees, affiliates, agents, and representatives from any claims, losses, liabilities, damages, costs, or expenses (including attorneys' fees) resulting from my use of the Facility. In the event a legal suit is filed I agree to pay and be responsible for any and all fees associated with such legal suit on behalf of the Enterprise Business Center of Louisiana, Liteon Investments, LLC, its owners, employees, affiliates, agents, and representatives.

\_\_\_\_\_ Date: \_\_\_\_\_

For Office Use Only: Authorized By: \_\_\_\_\_ Date: \_\_\_\_\_

Notes: \_\_\_\_\_



# Enterprise Business Center of Louisiana